

# LONDON SKATING CLUB

*Learn for Fun. Live to Skate. Skate for Life.*



## Message from the President:

The Dog Days... Every sport has them. Baseball has them in August as the season is half way done and teams are playing to sort themselves out in the standings. This is the same experience our CanPower skaters have right now as their hockey teams play games to sort themselves out. Our figure skaters and synchronized skating teams have the same thing currently as they practice and practice leading up to the competition season. And for a few skaters, their season just finished as sectionals and the Skate Canada Challenge have now completed. For these skaters, their new season will be starting now as they gear up for next year's competitions with new routines, music and outfits.

These are the tough days, the days each athlete needs to work, not only on their routines, but also on their mental toughness. Keeping sharp and working hard knowing they have a goal as it is far too easy to not focus and slip behind those that do remain focused. These are the days that separate the athletes. Keep this in mind, not only for yourselves but for your fellow members that are working hard. Encourage them to keep focused if you see them slipping and lead by example by keeping your focus.

As the skating competitions and hockey tournaments begin to be more frequent, good luck to each and every one of you. Know that your hard work you are putting in will help to give you that edge that will help you and your teammates succeed. And these lessons you are learning will help you off your skates, as your work habits will follow you in all walks of life.

**Stephen Komarnicky**

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### **London Skating Club Dress Rack**

Stop by and check it out! Our rack has many used dresses for sale, including competition and practice attire for awesome prices!

If you have something you want to sell bring it in with your name, phone number & amount you are requesting for your item & we can add it to the rack. If you have dropped something off in the previous years, please check to see if it has sold. We are trying to get some new items to add to the rack and clean up the inventory. Please forward any questions re items you would like to sell or to check on items you have previously put on the rack to [shanninem@hotmail.com](mailto:shanninem@hotmail.com). Thank you!!



## **News from the Office submitted by Kelly Farmer – Administrative & Promotions Coordinator**

### **Welcome Back:**

It's great to see Brady Dewaele back on the ice. We wish you a continued speedy recovery!

### **Thank you:**

Well done skaters and thank you to all parents, coaches and program assistants who made the intermission skates at the London Knight's games on November 22 (Juvenile team) and December 6<sup>th</sup> (Group Demonstration) such a success! The London Knight's staff repeated once again how impressed they are with the good behavior and great organization of the London Skating Club during these skates!



### **Christmas Gift Certificates:**

Give the gift of skating lessons this Christmas. The London Skating Club offers programming 12 months of the year! Contact the London Skating Club Office to purchase that special gift 519-681-2640.

### **2014 Ontario Skater's Promotional Contest Booklet:**

Just a reminder that all ticket stubs for the promotional booklet are to be returned to the London Skating Club office at Nichols (under the door if closed) or to the CanSkate table by February 1<sup>st</sup>! As a reminder \$22.00 from each book sold stays within the London Skating Club to offset ice fees. Thank you for your support!



### **March 23<sup>rd</sup> – Winter ending event:**



More information will be coming in January about our winter wrap-up event for all skaters in the club, on Sunday, March 23<sup>rd</sup>! The London Skating Club will be having a silent auction during the showcase with a portion of proceeds going to help our charity partners Jesse's Journey and the London & Region Chapter of Muscular Dystrophy Canada.

If you have a business or would like to donate an item from your family or skater for the auction, please contact Kelly Farmer, Administrative & Promotions Coordinator or Rouchelle Gooden, Special Events/Awards & Recognition, at the London Skating Club Office 519-681-2640 [londonsc@exculink.com](mailto:londonsc@exculink.com)

### **London Skating Club Office Location:**

The London Skating Club Office is located at Earl Nichols Arena, down the hallway from A pad. The office phone number is 519-681-2640 or I can be reached by e-mail at [londonsc@exculink.com](mailto:londonsc@exculink.com) should anyone require any assistance at anytime!



### **London Skating Club Bulletin Board:**

Did you know that the London Skating Club has its own Bulletin Board located at Earl Nichols Arena, by the Concession Stand? Check it out the next time you're at the rink!

## Register now for Winter Skating programs!

A reminder to all of our friends and family that there are still plenty of skating opportunities remaining for the winter season at the London Skating Club. Enrollment in most sessions are open until full, with prorated session fees. Take advantage of our refer-a-friend promotion, and invite a friend or two to join you on the ice in January.

### CanSkate

For skaters wishing to learn to skate, or improve upon skating skills for fun, fitness, hockey or figure skating! New session begins Saturday mornings at 9:15 on January 4th, for preschool, child/youth, and adult/teen learn to skate lessons. Spaces still available on Wednesday evening 5:15 and 6:15 sessions, and limited spots on Thursdays at 6:45.

CanSkate is Skate  
Canada's flagship  
learn-to-skate  
program

...the ONLY national  
program of its kind!



### CanPowerSkate

An action-packed, high energy instructional power skating program geared to young hockey & ringette players, aged 7 and up, that focuses on balance, power, agility, speed and endurance. Skills, techniques and conditioning drills are taught in a progressive format that emphasizes how the skills apply to game situations.



New session begins Tuesday evenings at 7:15 and 8:15, on January 7th.

See our website for program descriptions. Contact the office for pricing, and to register.



London Skating Club 2013

### London Skating Club skates the London Knight's Intermission Show

On Friday December 6th, the London Skating Club was pleased to feature our skaters at first intermission at the London Knights hockey game. *CanSkaters*, *PowerSkaters*, *STARSkate* figure skaters, and our new *Synchronicity Beginner I* synchronized skating team highlighted the various skating opportunities the London Skating Club offers to our young skaters to a packed crowd at Budweiser Gardens.

CanSkate and Preliminary STARSkate skaters demonstrated the warm up, circuit, and cool down elements of our CanSkate learn to skate program. Our junior and senior STARSkaters showcased the jumps and spins they have been working hard to perfect. Our Synchronicity Beginner I team skated in unison at one end of the ice, while a hockey player from CanPowerSkate executed a number power skating drills.

After the intermission, our skaters settled in the stands to enjoy some popcorn and watch the Knights best the Windsor Spitfires, 5-4.

Sending out a big thank you to LSC coaches and Program Assistants that volunteered their time to make this an exciting, and successful event for all of our skaters!

# It pays to refer a friend!

Help us spread the word about the London Skating Club's many programs:

- CanSkate = Learn to skate
- CanPowerSkate = skill development for hockey and ringette
- STARSkate = Learn to figure skate, figure skating
- Synchronicity = Synchronized skating teams
- Adult Skating Program



**LONDON SKATING CLUB**  
A Skate Canada Member Club



**Referred by:** \_\_\_\_\_

Contact us to register for CanSkate (Learn to Skate), CanPower-Skate (Power skating), STARSkate (Learn to Figure Skate), and Adult skating programs. Be sure to tell us who sent you.

londonsc@execulink.com   www.londonskatingclub.com   519-681-2640

Refer a friend to join the London Skating Club. For every NEW registration in an LSC program, the referring member will be issued a \$10 credit voucher \* to be used toward new session registrations.

\* Credit voucher will have no cash value, be non transferrable, and will expire after 1 year. The new member registration must put the referring members name forward at the time of registration.

## News from the Beginner I and II Synchronicity teams!



The season is off to a very exciting start for the skaters of the Beginner I and II Synchronicity teams! In November the Beginner II team took to the ice for the first time in Brampton at the Gold Ice gala kickoff. This was followed up by another amazing performance at the London Synchronicity gala the following weekend. What was particularly special about the hometown gala was it was the first time that the Beginner I team showed off their skills with their Elvis inspired routine. For many of these skaters it was their first time in front of an audience! And what a great job they did!! Not just once but twice; opening and closing the show!

The Beginner I team also had the privilege of skating at the London Knights December 6<sup>th</sup> but ut the fun didn't stop there! These teams also had the honour of being the *'Team of the Game'* at the London Lightning game on November 30th. They were featured on the jumbotron, made signs in support of the team and had lots of fun dancing around. Some of the skaters stayed to get autographs and pictures with the team!

If that was not enough fun, the teams held a successful fundraiser with the assistance of Ray Cullen Chevrolet. Thank you to Ray Cullen, the parents of the skaters and the London Skating Club for all your support! The skaters are now looking forward to a fun filled holiday celebration in a few weeks!

The Beginner II team skates their first competition at the Bill Phillips Memorial in Stratford. Good luck to the skaters!!

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**THE NEXT TEST DAY IS  
FEBRUARY 12th & 13<sup>th</sup>**



We are well into the competition season and the London Skating club members have been hard at work practicing and preparing for these events. Their hard work and dedication is definitely showing in the results of these recent competitions.

### *Skate Detroit – 2013*

<b>Skater</b>	<b>Category</b>	<b>Results</b>
Kinsey Greenfield	Women's Junior	10 <sup>th</sup>

### *Summer Sizzle – 2013*

<b>Skater</b>	<b>Category</b>	<b>Results</b>
Kinsey Greenfield	Women Junior	3rd short / 3 <sup>rd</sup> long program
Shelby Komarnicky	Junior Silver Starskate	7 <sup>th</sup>
Deanna Gooden	Senior Silver Starskate	5 <sup>th</sup>
Amanada Stevenson	Pre-Preliminary Starskate	8 <sup>th</sup>
Nicole Gallo	Pre-Preliminary Starskate	2 <sup>nd</sup>

### *Isabelle Henderson – 2013*

<b>Skater</b>	<b>Category</b>	<b>Results</b>
Kinsey Greenfield	Junior Women	7 <sup>th</sup>
Kylie Smale	Pre- Juvenile	3 <sup>rd</sup>
Deanna Gooden	Senior Silver Starskate	4 <sup>th</sup>
Shelby Komarnicky	Junior Silver Starskate	4 <sup>th</sup>

### *Skate Canada –Western Ontario Sectional Championship - 2013*

Kinsey Greenfield	Junior Women	10 <sup>th</sup>
Kylie Smale	Pre-Juvenile Women U11	16th

### *Keswick - 2013*

Keira VanDinther	Pre-Introductory Ladies	3 <sup>rd</sup>
Amanda Stevenson	Introductory Ladies	3 <sup>rd</sup>
Gabrielle Albert-Heyink	Pre-Introductory Ladies	5 <sup>th</sup>
Gabrielle Albert-Heyink	Introductory Ladies A Elements	5 <sup>th</sup>

*John McKay - 2013*

<b>Olivia Pellizari</b>	Pre-Preliminary WO Restricted	1 <sup>st</sup>
<b>Amanda Stevenson</b>	Pre-Preliminary WO Restricted	3 <sup>rd</sup>
<b>Annabella Gummerson</b>	Pre-Preliminary	4 <sup>th</sup>
<b>Kylie Smale</b>	Level 3 Women WO Development	4 ( PB)
<b>Nicole Gallo</b>	WO Development Level 1	2 <sup>nd</sup>
<b>Maddison Chute</b>	Gold Women Interpretive	7 <sup>th</sup> (PB)
<b>Alicia Harris</b>	Senior Bronze	6 <sup>th</sup>
<b>Shelby Komarnicky</b>	Junior Silver	2 <sup>nd</sup>

*Bill Phillips Synchronized  
Skating Competition - 2013*

<b>Synchronicity</b>	Beginner 2	3 <sup>RD</sup>
<b>Synchronicity</b>	Juvenile	8 <sup>TH</sup>
<b>Synchronicity</b>	Novice	6 <sup>TH</sup>
<b>Synchronicity</b>	Intermediate	1 <sup>ST</sup>
<b>Synchronicity</b>	Adult I	1 <sup>ST</sup>
<b>Synchronicity</b>	Adult II	2 <sup>ND</sup>
<b>Synchronicity</b>	Adult III	5 <sup>TH</sup>

# SYNCHRONICITY

**The annual Synchronicity Gala was a huge success. All Synchronicity teams were able to debut their new programs to a large audience full of friends and families. All teams skated great and enjoyed the chance to practice in front of a large audience before their competition season begins. Synchronicity was also able to give back to the community as they collected non-perishable food items for the local food bank. Thanks to all skaters, parents, volunteers, coaches and the fans for all of the support.**



The Synchronicity Juvenile team was given the opportunity to perform at the London Knight's Game at Budweiser Garden. The girls loved performing their fifties inspired program to a large audience. The girls had a great skate and were given a large applause after they finished their program. The team was then able to sit back, relax and watch the rest of the Knight's game as a team. It was a great experience for them.



**Congratulations to the following skaters who were successful at the November 14<sup>th</sup> test day:**

**PRELIMINARY DANCE**

Dutch Waltz – Keira VanDinther  
Dutch Waltz - Marie Sonia Alber  
Dutch Waltz - Adrianna James-Parker  
Canasta Tango – Marie Sonia Albert  
Baby Blues – Serin Kim

**JR BRONZE DANCE**

Swing – Geneva Herold  
Swing – Annabella Gummerson  
Swing – Elizabeth Gentile  
Swing – Amanda Stevenson  
Fiesta Tango – Shae Lynn Wall  
Fiesta Tango- Danica Stewart  
Willow Waltz – Maeson VanMeerbergen

**SR BRONZE DANCE**

Ten-Fox – Emily Griffeon  
Fourteenstep – Nicole Gallo  
Fourteenstep- Julia Chadwick

**SR SILVER DANCE**

Starlight- Alicia Harris  
Starlight- Brooke Northey  
Starlight – Emma Tied

**SILVER /GOLD DANCE**

Keats – Olivia Pellizzari  
Rocker – Angela Lee  
Westminster – Hope Simon  
Silver Samba – Jessica Harris



**JR BRONZE/SR BRONZE SKILLS**

- Jr. Bronze – Julia Farmer
- Sr. Bronze – Olivia Pellizzari
- Sr. Bronze - Shannon Campbell-Brown
- Sr. Bronze – Michaelia Walls
- Sr. Bronze – Ella Bester



**JR SILVER/SR SILVER/GOLD SKILLS**

- Sr Silver – Amy McMillan

**FREE SKATE ELEMENTS**

- Gold – Deanna Gooden

**INTERPRETIVE/INTRO/GOLD/BRONZE**

- Intro – Erin Lee
- Intro – Leanna Noel
- Bronze – Erin Lee



**CanSkate Ribbon & Badges:**

**Saturday 9:15 Session: : Congratulations from coaches Charlotte, Paul, Jessica, Leanne, Laura, Tammy, Cassie, Leslie and Shelby**

**PreCan**  
 Allison Archer  
 Logan Bower  
 Lucy Brook  
 Ayden Carter  
 Harrison Crossen  
 Ethan Hill  
 Ella Judson  
 Jack Judson  
 Lucas Kent  
 Kaitly Longhurst  
 Chase Fowler McIntrye

**Stage 1 Control 1**  
 Ana Govedarcia  
 Tanya Collison  
 Heather Willaert  
 Tian Xiao  
 Holly Chapman  
 Shane Reed  
 Katherine Sembecos

**Stage 1 Agility 1**  
 Beaudin Crossen  
 Tanya Collison  
 Heather Willaert  
 Holly Chapman  
 Lucas Bower  
 Shane Reed

**Stage 1 Badge**  
 Tanya Collison  
 Heather Willaert  
 Holly Chapman  
 Shane Reed  
 Heather Willaert

**Stage 2 Balance 2**  
 Tanya Collison  
 Heather Willaert  
 Holly Chapman  
 Lucas Bower  
 Shane Reed  
 Ana Govedarcia  
 Madison Sheardown

**Stage 2 Control 2**  
 Haley Bower  
 Beaudin Crossen  
 Allison Herbert  
 Abby Moeller

**Stage 3 Balance 3**  
 Deema Soufan  
 Shane Reed  
 Holly Chapman  
 Alexander Guerra  
 Tanya Collison  
 Allison Herbert

**Stage 3 Balance 3**  
 Deema Soufan  
 Shane Reed  
 Holly Chapman  
 Alexander Guerra  
 Tanya Collison  
 Allison Herbert

**Stage 3 Control 3**  
 Abby Moeller  
 Allison Herbert  
 Alexander Guerra

**Stage 3 Agility 3**  
 Alexander Guerra

**Stage 3 Badge**  
 Alexander Guerra

**Stage 4 Control 4**  
 Abigail Henein



**Wednesday 5:15 Session:** Congratulations from coaches Brianne, Candace, Cassie, Erin, Alyssa, Marcy and Amanda!

<b>Awesome</b> Madeline A. Maebh T.	<b>PreCanSkate</b> Lukas F Kate R. Selena B Dylan K Ella R Audrina S	<b>Agility 1</b> Maya S Samantha M Sierra M. Ella R Rhianan L Caden K Saajane	<b>Balance 1</b> Brook F Samantha M Sierra M Ella R. Shivam G Selena B Rhianan L Maggie M Caden K Saaiane.	<b>Control 1</b> Samantha M Sierra M Rhianan L Caden K Saajane
<b>Badge 1</b> Maya S Samantha M Sierra M Rhianan L Caden K Saajane	<b>Agility 2</b> Samantha M Sierra M Luke W Rhianan L Saajane	<b>Balance 2</b> Samantha M Sierra M. Keyden H Keira P Rhianan L Saajane Jasmine P	<b>Control 2</b> Samantha M. Sierra M Luke W Keyden H Keira P Emmy S Audrey S	<b>Balance 3</b> Emmy S
<b>Badge 2</b> Samantha M Sierra M. Luke W Rhianan L Maggie M Saajane Jasmine P	<b>Control 3</b> Emmy S Audrey S Thially-Anna Jasmine P Charlotte L	<b>Badge 3</b> Emmy S	<b>Agility 3</b> Emmy S Thially-Anna Jasmine P Charlotte L	<b>Control 4</b> Thially-Anna
			<b>Agility 4</b> Thially-Anna	

**Wednesday 6:15 Session:** Congratulations from coaches Cassie, Darlene and Amanda!

<b>Control 3</b> Rhylyn W	<b>Badge 3</b> Rhylyn W	<b>Agility 4</b> Emma M Ilya B Abigail M	<b>Balance 4</b> Emma M Ilya B Brianna L Abigail M	<b>Control 4</b> Emma M Ilya B Brianna L Abigail M.	<b>Badge 4</b> Emma M Ilya B Brianna L Abigail M	<b>Control 5</b> Isabelle K Brianna L
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**Thursday 6:45 Session:** Congratulations from coaches Laurel, Patsy, Cassie, Erin, Alyssa, Kelly and Amanda!

<b>PreCanSkate</b> Alexa F Alanna P Makenna J Madylinn Kait M Daniah A Elizabeth L Abbey L	<b>Agility 1</b> Daniah A Jennifer J Gabriela P	<b>Balance 1</b> Kait M Daniah A Zoe K Jennifer J Gabriela P Aidan D	<b>Control 1</b> Kait M Daniah A Rylee B Zoe K Jennifer J Adin C Gabriela P	<b>Badge 1</b> Daniah A Rylee B Zoe K Jennifer J Adin C Gabriela P	<b>Agility 2</b> Abby D Gabriela P Anthony W Aidan D
<b>Balance 2</b> Zoe K Jennifer J Adin C Abby D Gabriela P Makayla S. Anthony W Aidan D	<b>Control 2</b> Abby D Gabriela P	<b>Agility 3</b> Luca M Theo N Sofia P Emma P Allienna S Joshua S	<b>Balance 3</b> Aidan D Natalia M Theo N Sofia P Emma P Allienna S		